

Nutrition

Clinical nutrition focuses on the importance of nutrition in the maintenance of health and the interrelationship between nutrition and disease.

Goals

Understand:

1. Enteral and parenteral nutritional support for hospitalized, homebound, or chronic care patients
2. Nutritional support for surgical and trauma patients
3. The role of nutrition in disease prevention
4. Nutritional assessment and management of patients with nutritional deficiencies or excesses
5. Hypersensitivities, eating disorders, nutritional diseases, and other pathologic conditions in which nutrition therapy would be beneficial.

Competencies for Nutrition

Competency	Learn in a seminar or conference	Learn as part of a clinical rotation
Identify from the history important risk factors for malnutrition, such as advanced age, poor dentition, poverty and isolation, alcoholism, and chronic illness, particularly malignancy and gastrointestinal illness	X	All rotations
In a patient with risk factors for malnutrition or eating disorders, know how to screen for malnutrition through physical examination and appropriate procedures	X	All rotations
Review with a patient the dietary management for these common clinical conditions: obesity, hypertension, hyperlipidemia, diabetes, osteoporosis, congestive heart failure, and renal insufficiency	X	Ambulatory rotations
Know the indications for and content of enteral and parenteral nutrition	X	All rotations