

CURRICULUM: ORTHOPEDIC

Orthopedics involves the diagnosis and management of disorders of the musculoskeletal system with a bias toward surgical intervention and special interest in trauma to that system.

Goal:

Provide residents with knowledge, skills and attitudes to diagnose, manage and appropriately refer patients with common orthopedic problems.

Common orthopedic problems would include:

- degenerative
- inflammatory
- traumatic diseases of all joints and ligaments of the body

The focus is on common problems:

- pathophysiology
- diagnostic approaches
- medical management
- what kind of problems should be referred to an orthopedic surgeon
- when should they be referred
- with what expectations

Medical complications of orthopedic interventions is taught on all consult services and in patient services as the occasion arises.

Teaching Method:

1. Active participation in “bedside” teaching and patient care in:
 - Resident continuity practices
 - Primary Care Internists’ offices
 - Senior Consultation Service rotations (2nd & 3rd year)
 - Ambulatory orthopedic electives
 - Rheumatology electives
 - Emergency department rotations
2. Conferences:
 - Orthopedic
 - Rheumatologic
 - PM&R
3. Suggested references for self study
 - Goroll’s Primary Care
 - Barker’s Ambulatory Medicine (Section 9 MS problems)
 - Ramamurti’s Orthopedics in Primary Care 2nd Edition Ed. G Steinberg

Patient characteristics: see Introduction

Evaluation of rotations and of residents: see Introduction